



LIGHTHAUS

lighting | electrical | decor

THE COMPLETE
HOME LIGHTING
GUIDE

LIGHTHAUS

FROM UNDERSTANDING THE BASICS TO TRANSFORMING EVERY ROOM.
A ROOM-BY-ROOM JOURNEY TO BETTER LIGHT.

LIGHTHAUS

LIGHTING UP YOUR LIFE

lighthaus.africa

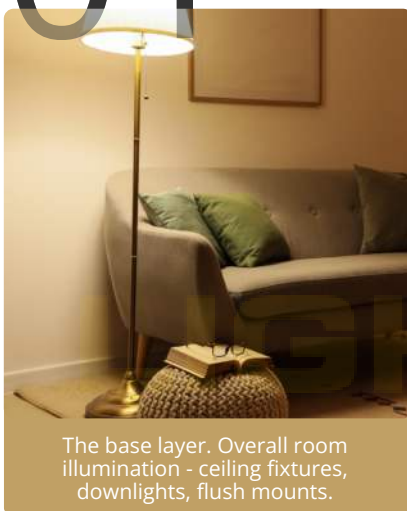


PART ONE

FIRST, UNDERSTAND THE THREE TYPES OF LIGHT

Every professionally lit home - whether it's a modest apartment or a grand showroom - uses the same three building blocks. Once you understand them, everything else makes sense.

01



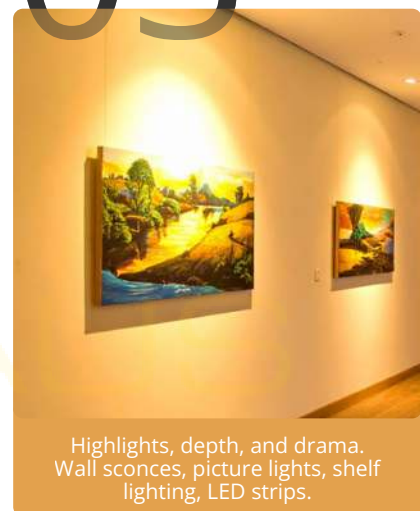
The base layer. Overall room illumination - ceiling fixtures, downlights, flush mounts.

02



Focused light for doing things. Under-cabinet strips, desk lights, bedside reading lamps.

03



Highlights, depth, and drama. Wall sconces, picture lights, shelf lighting, LED strips.

The rule most people break: If a room relies on a single ceiling light to do everything, it's under-designed. Aim for at least two layers in every room - three if you can.

PART TWO

WHAT MOST HOMES HAVE - and what's *usually* wrong with it

Most homes are built with one ambient light per room. A single ceiling fixture, one temperature, one setting. It works - but it rarely feels good. Here's why, and what to do about it.

THE COLOUR TEMPERATURE PROBLEM:



✗ COOL WHITE (5000K+) IN A BEDROOM

Designed for focus and energy. In a sleep space, it suppresses melatonin and makes the room feel clinical.



✓ WARM WHITE (2700K) IN A BEDROOM

Signals rest. Warm amber tones are close to candlelight - the body responds by relaxing.

COLOUR TEMPERATURE - A QUICK ROOM GUIDE

2700K WARM Bedroom • Lounge • Dining	3000K SOFT WHITE Bathroom • Hallway	3500K NEUTRAL Kitchen • general
4000K COOL WHITE Kitchen task • Office		5000K+ DAYLIGHT Outdoor • Security

The most common mistake in South African homes

Most homes are fitted out with whatever bulbs were cheapest at the time - often a mix of warm and cool temperatures in the same space. The result feels disconnected and unsettled without anyone quite knowing why. Consistent colour temperature across a room (and ideally, across open-plan zones) is the single cheapest fix with the biggest visual impact.



PART THREE

NOW ADD THE LAYERS THAT *make rooms feel alive*

Once your ambient light is sorted, task and accent layers are what separate a room that works from a room that feels intentional. Here's what each one does in practice.

Task Lighting



Under-cabinet kitchen strips

Eliminates counter shadows completely. The single most practical upgrade in any kitchen - and one most people only discover after renovation.

Accent Lighting



Wall sconces & picture lights

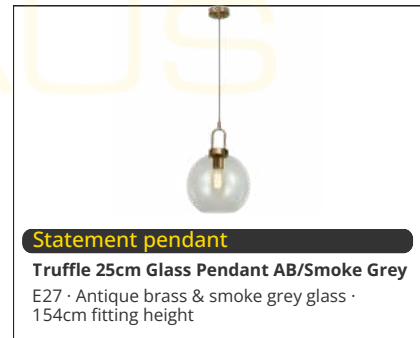
Add depth, highlight what matters, and make a room feel finished rather than flat. Often the last thing added - and the thing that makes the biggest visual difference.

AVAILABLE AT LIGHTHAUS & SWITCH ONLINE

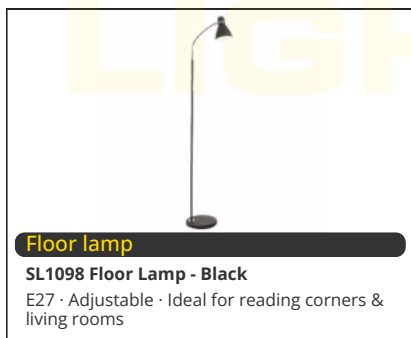
FIND YOUR THREE LAYERS. all in stock, ready to order.

Browse the full range at switchonline.co.za or visit us at 23 Bowls Road, Arcadia, East London. Nationwide delivery from R255, free for orders over R1000.

01 AMBIENT - Ceiling fittings that fill the room. Start here.



02 Task - Directed light for reading, cooking, working



03 Accent- Wall lights that add depth and finish every room.



SHOP ONLINE

LIGHTHAUS

PROFESSIONAL SERVICE

Let us plan your *lighting properly*

Most lighting decisions happen in the hardware aisle at the last minute. We do it differently. Our team will walk through your home - room by room - and help you build a plan that works before you buy a single fitting.

01

Room-by-room consultation

We assess each space and identify what's working, what's missing, and what needs to change.

02

Fixture recommendations

From our fully stocked showroom - pendants, downlights, strips, floor lamps and more.

03

Complete written plan

A room-by-room brief you can hand to any electrician to execute exactly as planned.

LIGHTHAUS

lighting | electrical | decor

THE COMPLETE
HOME LIGHTING
GUIDE

**FREE
GUIDE**

FROM UNDERSTANDING THE BASICS TO TRANSFORMING EVERY ROOM.
A ROOM-BY-ROOM JOURNEY TO BETTER LIGHT.

LIGHTHAUS

LIGHTING UP YOUR LIFE

lighthouse.africa